

# IRON CHEF

**BOY SCOUT  
VS  
BOY SCOUT**



# Iron Chef Camporee

The 13<sup>th</sup> point of the Scout Law is...A Scout is hungry! Every Scout MUST bring along his own fork, knife, and spoon set, as well as cup and bowl to each event. If you want to sample any of the cooking along the way, you have to bring your own utensils! There will be dish washing stations along the way to keep things clean.

The Camporee Program can be set up to teach Camp Kitchen Skills and a competition on the specific skill. Instruction and Competition in this Session will be conducted at the Patrol Level. Patrols will move from station to station. Each station will give instruction in a basic Camp Kitchen Skill. When the Instruction session is over, the Patrol will be asked to demonstrate that they have learned the skill. The demonstration will be a hands on demonstration that the skill has been learned. The Patrols will be scored on their knowledge of the skill taught through the use of pre-established score sheets. The Patrols will rotate from station to station. At the end of the sessions, the scores for each Patrol will be tallied.

One station will be to build a LNT Dutch Oven fire pan. The materials for this project will be provided by the District. Units may keep their finished projects to use as their own on future outings.

Instead of teaching camp kitchen skills, competition events could be held:

Boiled Egg Races – Scouts start by lighting a fire, and then boil water to cook an egg. When the egg is hard boiled, they will have a relay race holding the egg on spoons. If you drop the egg and it's not hard boiled enough, you lose! (And the course will be difficult enough to where you WILL drop the egg once or twice.)

Pancake Flipping Derby – Scouts will have to run a relay while flipping a pancake. If it falls to the ground, it must be picked up before they can continue.

Blindfolded "Peanut" Butter Sandwich Making – Each patrol will blindfold one member. In the area, there will be peanut butter, two slices of bread, and a knife to spread it. There will also be obstacles in the way. The challenge is for the blindfolded person to make a "peanut" butter sandwich. The other patrol members cannot touch the blind person or the ingredients, but they can talk to blindfolded person. The blindfolded person then must feed the sandwich to the patrol leader.

Cantaloupe Scoutmaster Carving Competition – Each Patrol will be given a cantaloupe at the Crackerbarrel. They will then have until the Banquet to carve their Scoutmaster's likeness into the melon. Modeling and judging will take place at the Banquet. Troops are asked to enforce proper carving safety policies.

Spice Up Your Life – Have you ever thought that your food is kind of boring? Have you ever wondered how you could spice it up? Well here is your chance. Our own personal chef will be on hand to explain to you how some cheap, easy to find, and easy to use spices can have a dramatic effect on the quality of your food.

Make Your Own Crepes – If you have ever wanted a really good breakfast entrée, Crepes is it! We will go over how to make your own Crepes, and how you can make them GOOD! We will have all the various toppings such as blueberry, strawberry, etc for you to experiment with.

Make Your Own Ice Cream – You Scream, I Scream, We all Scream for ICE CREAM! Every Patrol will get a chance to make their own Ice Cream.

Make Your Own BBQ Sauce – Every Patrol will make their own BBQ sauce for dinner. We will have experts on hand to teach Scouts how to make it, and then how to spice it up. After it is made we will label it and save it for dinner. Then that Patrol can savor their own brand of BBQ Sauce.

Scoutmaster Chili Cook Off - An opportunity for every Scoutmaster to show of his/her secret recipe. There aren't many rules on this one. We just ask that if you make it super spicy that you label it as such. (And in case you haven't realized it, this is a clever ploy to have a little extra food at the banquet just in case there isn't as much as we had hoped for).

### **Non-Top Chef Team Members**

The Scouts that are not assigned to their Troop's Top Chef Competition Team will continue the activities for the afternoon.

### **Boy Scout Iron Chef Program**

Each Troop may field two teams of up to 4 Scouts per team to compete in the Iron Chef program. Each team must prepare either a desert or a dinner entrée. Troops who field two teams must have one team prepare an entrée and the other prepare a dessert. Only two methods of cooking permitted in the competition – Dutch Oven or one pot stove top. Once all Teams have submitted their recipes, a secret ingredient will be issued to each Team. The secret ingredient must be used in the entrée. The Cook Off will be a timed event from start of preparation to completion of clean up. Once all entrées are complete they will be judged. The overall Top Chef winner for the Camporee will be judged on best use of ingredients, best overall taste, presentation, time and cleanliness of the team's food prep area. Points will be deducted for coaching and any assistance provided by unit adults during the competition. Once the Judges have completed their work and scored all the entrées, each entrée will be made available for all Camporee attendees to sample a spoonful.

Plans for Dutch oven fire pan

