

Spring/Fall Personal Equipment List

Head:

_____ Stocking cap

Upper Body:

_____ 2 Long Undershirts - polypropylene
_____ Wool/Polypropylene/Pile Shirt – medium weight
_____ Wool/Pile Sweatshirt
_____ Wind Jacket with Hood - 60/40, nylon, Gore-Tex-will double as rain jacket

Hands:

_____ Gloves

Lower Body:

_____ Underwear
_____ Pants

Feet:

_____ Liner Socks (thin) - polypropylene - 2+ pairs
_____ Wool/Pile Socks (heavy) - 4+ pairs
_____ Boots
_____ Gaiters - coated nylon, large enough to fit over boots (optional)

Raingear:

_____ Rain Jacket - nylon, Gore-Tex - must fit over stacked layers
_____ Rain Pants - nylon, Gore-Tex - must fit over stacked layers
_____ Poncho may replace above

Pack & Packing:

_____ External/internal frame pack
_____ Stuff Sacks of all sizes - all equipment in stuff sacks
_____ Pack Raincover

Sleeping Gear:

_____ Synthetic/Down Sleeping Bag - rated to 20°F
_____ Closed Cell Foam Pad - 1/2" (preferred)
or Inflatable Pad

Eating/Cooking Utensils:

_____ Silverware
_____ Mess Kit with cup
_____ 1 Quart Water Bottles - plastic, wide mouth

Miscellaneous:

_____ Scout book
_____ Flashlight - headlamp best (LED best)
_____ Knife
_____ Matches
_____ Fire starter
_____ Personal first aid kit
_____ Bandanas - the ultimate useful item
_____ Sunglasses,
_____ Chapstick
_____ Toilet Articles
_____ Any Medications needed during trip
_____ Camera, film, books, games, paper & pen, etc. (optional)

Notes:

Be prepared for cold and wetness. Spring or Fall can be unpredictable. The easiest way to stay warm is to dress in layers and stay dry. Dressing in layers allows the scout to regulate heat by taking off and putting on various layers. Wetness, including sweating will lead to a cooling down of the body. This is desirable in the heat, but more troublesome in the cooler temperatures.