Scout Olympics Pentathlon Score Sheet (Scout names must be recorded prior to competition)

Patrol Name _____ **Troop** _____ **Please Print Neatly**

Scout Name	Age	Sit-Ups (# in 1 min.	Score	Shuttle Run (seconds)	Score	400 M Run (min:sec)	Score	Pull-Ups (# in 1 min.)	Score	Push-Ups (# in 1 min.)	Score	Total Score

Blue Bead - 5 points **Red Bead – 3 points** **White Bead – 1 point**

SIT-UPS							
	AGE						
AWARD	≤11	12	13	14	15	16	17
Blue Bead	40	44	46	49	50	48	48
Red Bead	37	40	42	45	45	45	45
White Bead	<37	<40	<42	<45	<45	<45	<45

400 METER RUN							
	AGE						
AWARD	≤11	12	13	14	15	16	17
Blue Bead	1:31	1:27	1:22	1:19	1:12	1:11	1:10
Red Bead	1:57	1:54	1:51	1:42	1:31	1:30	1:29
White Bead	>1:57	>1:54	>1:51	>1:42	>1:31	>1:30	>1:29

SHUTTLE RUN							
	AGE						
AWARD	≤11	12	13	14	15	16	17
Blue Bead	10.6	10.3	10.0	9.6	9.4	9.1	9.1
Red Bead	11.1	10.6	10.2	9.9	9.7	9.4	9.4
White Bead	>11.1	>10.6	>10.2	>9.9	>9.7	.>9.4	>9.4

PULL-UPS							
	AGE						
AWARD	≤11	12	13	14	15	16	17
Blue Bead	3	4	5	6	8	8	10
Red Bead	2	2	3	5	6	7	8
White Bead	<2	<2	<3	<5	<6	<7	<8

Overall champions by age will be determined by total score. In the event of a tie, the individual who placed higher more times than the individuals(s) he is tied with will be declared the winner.

PUSH-UPS							
	AGE						
AWARD	≤11	12	13	14	15	16	17
Blue Bead	20	24	30	28	34	34	43
Red Bead	15	18	24	24	30	30	37
White Bead	<15	<18	<24	<24	<30	<30	<37