

Sports First Aid Scenarios Scoring Guidelines

Material to be provided by Station Master:

Scoring Rubric

Clipboard

Pencil

3 stopwatches

Resusci-Anne and alcohol wipes if available

In this event, Patrols are given the following first aid scenarios described below. Patrols will have to furnish all first aid supplies such as gauze pads, latex gloves, and triangular bandages. Each Patrol will have to provide its own victim. Only first aid knowledge required for BSA rank advancement (tenderfoot, second class, first class) will be used in the scenario. The same judges will judge the scenario throughout the day to ensure consistency in scoring. Time the first aid given for Scenario #3. This will be used as a tiebreaker if necessary

First Aid Scenario No. 1:

Out for a jog in very hot weather, you come across a man who looks very pale and weak and is breathing rapidly. His skin is extremely warm to the touch, he seems confused and irritable, and his speech is not clear. You notice his water bottle is empty.

How to handle the situation:

1. It appears the man is suffering from heatstroke.
2. Have one member of your unit call 911 while the others tend to the victim. Stay on the phone with the operator until help arrives.
3. This is a true emergency. The man must be cooled to keep him alive. Get him to a shady spot, fan him to cool him off and have him sip water. If you have them, apply ice packs or water-soaked compresses under his armpits and on his neck. Have him take off excess clothing.
4. Treat the man for shock.
5. Make a thorough examination to make sure there are no hidden injuries.

First Aid Scenario No. 2:

After participating in a mile-long run, your friend begins wheezing. Within minutes, he is breathing rapidly, coughing uncontrollably, suffering from chest tightness and having difficulty speaking. The boy pulls an inhaler from his pocket. What do you think is going on?

How to handle the situation:

1. It looks like the boy is suffering from an asthma attack. Approach the victim cautiously. Do not cause panic.
2. Help the victim sit upright and allow him to administer his medication. Keep him warm.
3. If his condition doesn't improve quickly, call 9-1-1 and describe the situation and your location.

First Aid Scenario No. 3:

Two players collide head first at great force while trying to field a baseball. As a result one player is knocked out unconscious and is not breathing.

How to handle the situation:

1. Someone needs to call 911 right away.
2. Perform DR ABC (danger, response, airways, breathing and circulation).
3. When the first aider has worked out that the patient is not breathing they should perform CPR, chest press compression 30-2 until the patient is breathing again or medical attention arrives.

First Aid Scenario No. 4:

A dodge ball player trying to avoid being hit throws himself to the ground with his fore arm taking the impact of the fall. The impact causes a complete open fracture to the radius.

How to handle the situation:

1. Call for an ambulance and get them to hospital.
2. Treat for shock.

First Aid Scenario No. 5:

A basketball player catches an elbow to the face and immediately begins to bleed profusely from the nose.

How to handle the situation:

1. Have the person sit with their head leaning forward.
2. They should pinch their nostrils together and breathe through their mouth.
3. They should hold their nose for at least 10 minutes.
4. If bleeding continues past 30 minutes, seek medical advice.

SCORING SHEET

Treatment		Possible Points	Actual Points
Scenario #1			
1	Identify that the man is suffering from a heatstroke	3	
2	Have one member of your unit call 911 while the others tend to the victim.	3	
3	This is a true emergency. The man must be cooled to keep him alive. Get him to a shady spot, fan him to cool him off and have him sip water. If you have them, apply ice packs or water-soaked compresses under his armpits and on his neck. Have him take off excess clothing.	5	
4	Treat the man for shock.	5	
5	Calm and reassure the victim.	2	
Score for Scenario #1		18	
Scenario #2			
1	It looks like the boy is suffering from an asthma attack. Approach the victim calmly and reassure him. Do not cause panic.	3	
2	Help the victim sit upright and allow him to administer his medication. Keep him warm.	5	
3	If his condition doesn't improve quickly, call 9-1-1 and describe the situation and your location.	3	
Score for Scenario #2		11	
Scenario #3			
1	Someone needs to call 911 right away	3	
2	The patient who is not breathing should be treated first. Perform DR ABC (danger, response, airways, breathing and circulation) then should check their airways to make sure there is nothing that the patient can choke on. When the first aider has worked out that the patient is not breathing they should perform CPR, chest press compression 30-2 until the patient is breathing again or medical attention arrives. Scouts may discuss the procedure they would follow. If a Resusci-Anne is available they should demonstrate the procedure.	10	
Score for Scenario #3		13	

Total Time for Treatment of Scenario #3 (Tie breaker):			
		Possible Points	Actual Points
Scenario #4			
1	Have one member of your unit call 911.	3	
2	The first aider should treat for shock.	5	
Score for Scenario #4		8	
Scenario #5			
1	Have the person sit with their head leaning forward.	3	
2	They should pinch their nostrils together and breathe through their mouth.	5	
3	They should hold their nose for at least 10 minutes.	3	
4	If bleeding continues past 30 minutes, seek medical advice.	2	
Score for Scenario #5		15	
Total Points		65	
Total Time for Treatment:			

